Effective Date: 7/6/2021



HONG IK MARTIAL ARTS



10 Main Street, Tarrytown NY 10591 | (914) 333-0100 | www.hongikmartialarts.com

<u>Monday:</u>		School Hours:
Peewee/Children White	3:45-4:15	Monday – Friday:
Peewee/Children Yellow, Orange, Green, Blue	4:20-4:50	10:30AM to 8:30PM
Children Purple, Red, Brown, Red/Black, Bodan	4:55-5:25	Saturday:
Children All Belts (White through Black Belt)	5:30-6:00	· · · · · · · · · · · · · · · · · · ·
Children All Belts (White through Black Belt)	6:05-6:35	9:00AM to 1:30PM
All Ages Black Belts	6:40-7:10	
All Adults and Tai Chi-Qigong	7:15-8:00	Special Classes:
		<b>HST:</b> TBA
Tuesday:		SUSA Class: Every Thursday
Peewee/Children White	3:45-4:15	<b>MUSA Class:</b> Every Tuesday
Peewee/Children Yellow, Orange, Green, Blue	4:20-4:50	SUSA / MUSA Sparring Class: Temporarily Canceled
Children Purple, Red, Brown, Red/Black, Bodan	4:55-5:25	BBC: TBA
Children All Belts (White through Black Belt)	5:30-6:00	Sparring Class: Temporarily Canceled
Children All Belts (White through Black Belt)	6:05-6:35	opairing class remportantly canooroa
All Ages Black Belts	6:40-7:10	
MUSA Class		
WUOA CIASS	7:15-7:55	
Wednesday:		
Peewee/Children White, Yellow	4:00-4:30	Belt Rank Order:
Peewee/Children Orange, Green, Blue, Purple	4:40-5:10	White
Children Red, Brown, Red/Black, Bodan	5:20-5:50	Yellow
Children All Belts (White through Black Belt)	6:00-6:30	
All Ages Black Belt	6:40-7:10	Orange
Hong Ik Lesson - By Invitation Only	7:10-7:30	Green
		Blue
<u>Thursday:</u>		Purple
Peewee/Children White	3:45-4:15	Red
Peewee/Children Yellow, Orange, Green, Blue	4:20-4:50	Brown
Children Purple, Red, Brown, Red/Black, Bodan	4:55-5:25	Red/Black
Children All Belts (White through Black Belt)	5:30-6:00	Bodan
Children All Belts (White through Black Belt)	6:05-6:35	Black
All Ages Black Belts, All Adults	6:40-7:10	
SUSA Class	7:15-7:55	Age Group:
KUMYEDO (Sword Class) – 13 Years and Up	8:00-8:40	Peewee $4 - 6$ years   Children $7 - 12$ years
		Teens 13 – 17   Adults 18 & Up
		Peewee Blue Belt and Up : Must take Children classes
<u>Friday:</u>		
Peewee/Children White, Yellow	4:00-4:30	Allowance for Weekly Class Attendance
Peewee/Children Orange, Green, Blue, Purple	4:40-5:10	Trial Students – $2$ times per week
Children Red, Brown, Red/Black, Bodan	5:20-5:50	White Belts $-2$ times per week
Children All Belts (White through Black Belt)	6:00-6:30	Yellow Belts and Up – 3 times per week
All Ages Black Belts Hong Ik Lesson - By Invitation Only	6:40-7:10 7:10-7:30	Black Belt Club – 3 times per week
Hong IK Lesson - By Invitation Only	7:10-7:30	(2 year discounted membership)
Saturday:	0.00.70.00	Korean Authentic TaiChi-Qigong Class
Peewee/Children White	9:30-10:00	Adults only
Peewee/Children Yellow, Orange, Green, Blue	10:10-10:40	Every Monday 7:15PM
Children Purple, Red, Brown, Red/Black, Bodan	10:45-11:15	
Children All Belts (White through Black Belt)	11:20-11:50	<b>NEW CLASS *KUMYEDO*</b>
Children All Belts (White through Black Belt)	11:55-12:25	Korean Swordsmanship
All Ages Black Belts, All Adults	12:30-1:00	13 Years and Up
		Every Thursday 8:00PM